

HEALTHY SCHOOL CANTEENS FOOD CODING E - EVERYDAY O - OCCASIONAL

SANDWICHES

VEGEMITE - HONEY - STRAWBERRY JAM	E \$ 2.00
CHEESE	E \$ 2.00
HAM	E \$ 2.50
EGG OR EGG & LETTUCE MAYONNAISE	E \$ 3.00
HAM & CHEESE	E \$ 3.00
SALAD	E \$ 3.00
CHICKEN	E \$ 3.20
TUNA	E \$ 3.20
HAM & SALAD	E \$ 3.30
HAM, CHEESE & TOMATO	E \$ 3.30
CHICKEN & CHEESE	E \$ 3.50
CHICKEN, LETTUCE & MAYO	E \$ 3.50
HAM, CHEESE & SALAD	E \$ 3.50
CHICKEN, CHEESE & TOMATO	E \$ 3.50
CHICKEN & SALAD	E \$ 3.80
TUNA & SALAD	E \$ 3.80
GLUTEN FREE BREAD	E \$ 1.00

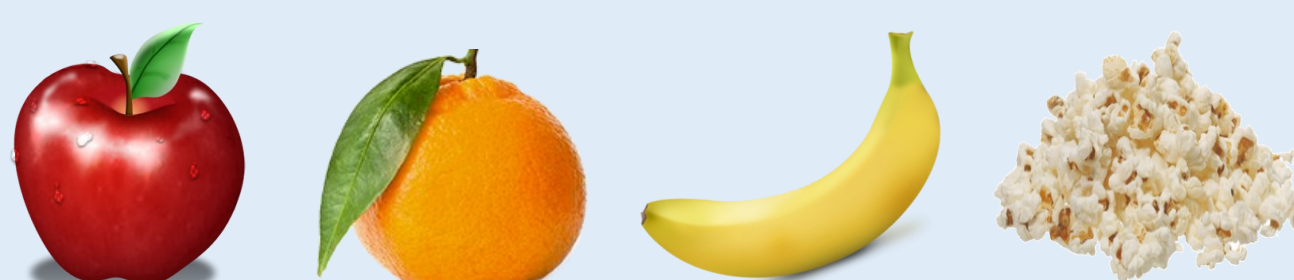
Choose From : White, Wholemeal, Gluten Free

Meal Deals

Choose One Main Item
Choose One Drink
Choose One Other Item

MAIN ITEM

ANY SANDWICH	\$ 5.50
ANY PASTA OR RICE	\$ 6.00
ANY SALAD BOWL	\$ 6.50
ANY WRAP	\$ 6.50



OTHER ITEM

APPLE
BANANA
MANDARIN
POPCORN



DRINK

BOTTLE WATER 600ML
POPPER
PLAIN MILK



WRAPS

SALAD	E \$ 4.00
LETTUCE, TOMATO, CUCUMBER, BEETROOT, CARROT	
CAESAR	LETTUCE, BACON, EGG, CHEESE E \$ 4.00
HAM & SALAD	E \$ 4.30
HAM, CHEESE & SALAD	E \$ 4.50
CHICKEN, LETTUCE & MAYO	E \$ 4.50
SWEET CHILLI CHICKEN	O \$ 4.80
SWEET CHILLI CHICKEN TENDERS, LETTUCE, MAYO	
CHICKEN SALAD	E \$ 4.80
CHICKEN CAESAR SALAD	E \$ 5.20

RICE PAPER ROLLS

CHICKEN	LETTUCE, CARROT, CUCUMBER E \$ 4.00
VEGETARIAN	ASSORTED FRESH SEASONAL VEGES E \$ 4.00
SWEET CHILLI	O \$ 4.00
CHICKEN TENDERS, LETTUCE, CARROT, CUCUMBER	

PASTA & RICE

BUTTER CHICKEN WITH RICE	E \$ 4.00
SPAGHETTI BOLOGNESE BEEF SAUCE	E \$ 4.00
MACARONI & CHEESE	E \$ 4.00
LASAGNA BEEF	E \$ 4.00
CHEESE & SPINACH RAVIOLI NAPOLITANA SAUCE	E \$ 4.00
LASAGNA VEGETABLE GLUTEN FREE	E \$ 5.00

HOT BITES

MINI SPRING ROLL VEGETARIAN OVEN BAKED	O \$ 0.90
CORN COB	E \$ 1.20
CHICKEN WING HOT & SPICY	E \$ 1.20

WORLD FOODS

PAD THAI NOODLES AUTHENTIC CHICKEN & VEGE	E \$ 4.00
CHINESE FRIED RICE VEGETARIAN AUTHENTIC	E \$ 4.00
PRAWN DUMPLINGS X 4 STEAMED	E \$ 4.50

NACHOS

BEEF NACHOS HOME MADE SAUCE ADD CHEESE 50c	O \$ 4.50
SALSA NACHOS TOMATO SALSA ADD CHEESE 50c	O \$ 4.50

GLUTEN FREE

LASAGNA BEEF	E \$ 5.00
MACARONI & CHEESE	E \$ 5.00
LASAGNA VEGETABLE	E \$ 5.00

PLEASE WRITE "GLUTEN FREE"
ON YOUR LUNCH BAG

SALAD BOWLS

	REG	LGE
GARDEN	E \$ 3.00	\$ 4.00
LETTUCE, TOMATO, CUCUMBER, BEET, CARROT		
CAESAR	E \$ 3.00	\$ 4.20
LETTUCE, BACON, EGG, CHEESE, CROUTONS		
SWEET CHILLI CHICKEN	O \$ 3.00	\$ 5.00
LETTUCE, TOMATO, SWEET CHILLI MAYO		
HAM & GARDEN SALAD	E \$ 3.00	\$ 5.00
CHICKEN & GARDEN SALAD	E \$ 3.00	\$ 5.00
TUNA & GARDEN SALAD	E \$ 3.00	\$ 5.00
CHICKEN CAESAR	E \$ 3.00	\$ 5.20
CHICKEN, LETTUCE, BACON, EGG, CHEESE, CROUTONS		

EXTRAS

CHEESE, EGG, CHICKEN	E \$ 1.00
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FRESH & COLD

	REG	LGE
APPLE - MANDARIN - BANANA	E \$ 1.00	
FROZEN GRAPES SNACK PACK	E \$ 2.00	
FROZEN ORANGE SNACK PACK	E \$ 2.00	
WATERMELON BOWL	E \$ 2.00	\$ 4.00
GRAPES BOWL	E \$ 2.50	
FRUIT SALAD BOWL	E \$ 3.00	\$ 4.50
YOGHURT LOW FAT VANILLA	E \$ 3.00	

DRINKS & SNACKS

WATER 600ML	E \$ 2.00
PLAIN MILK 300ML	E \$ 1.80
POPCORN	E \$ 1.00

Crunch & Sip

\$2.30

Only Available To Collect
From The Canteen Before 9am

Bottle Water 600ml
Plus Choose One :
Apple or
Banana



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